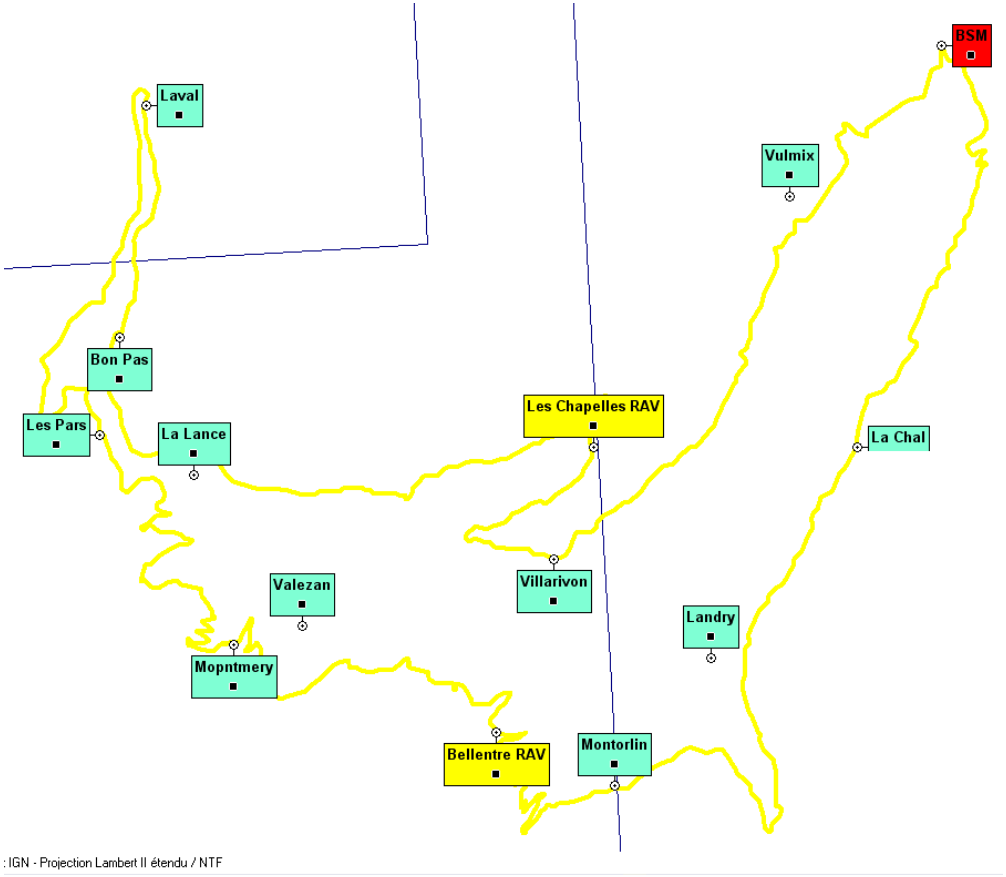
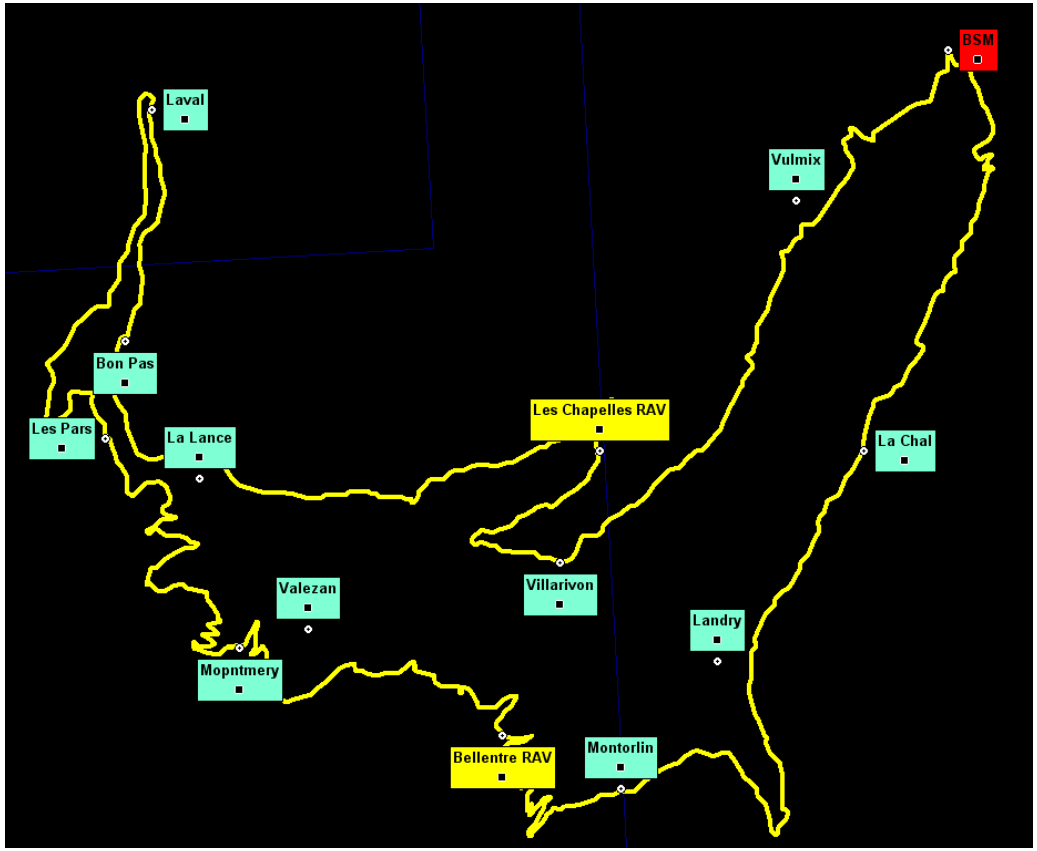
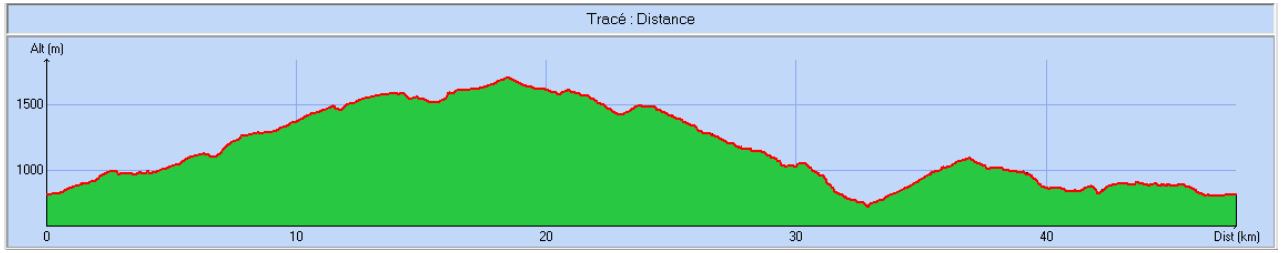
Vallon de Foran avec retour par le sentier de la mine

Distance	Dénivelé +	Dénivelé -	Altitude mini	Altitude maxi
48 km	2270 m	2270 m	720 m	1700 m